

EXHIBIT C1

The Alzheimer's and Dementia State Disease Plan



PREVALENCE

Number of People Aged 65 and Older with Alzheimer's (2020)

60,400



CAREGIVING

of Caregivers

155,000

Total Hours of Unpaid Care

270,000,000

Total Value of Unpaid Care

\$4,448,000,000

**Source:
Alzheimer's
Disease
Facts and
Figures 2023*



ALZHEIMER'S AND DEMENTIA STATE PLAN: IMPLEMENTATION UPDATE

HIGHLIGHTING THE PROGRESS IN
THE STATE'S RESPONSE TO
ALZHEIMER'S.

Alzheimer's State Plan

- **Public Awareness and Education** - Educating providers and general public on the importance of early detection, diagnosis, risk reduction, and support services.
- **Access and Quality of Care** - Enhancing quality of care across care settings and ensuring access to support services for Arkansas families.
- **Family Caregiver Support** - Increasing support services for family caregivers
- **Dementia Training and Workforce Development** - Ensuring the workforce is adequately trained and prepared to meet the unique needs of patients with Alzheimer's or other dementia

Public Awareness and Education

Implemented

- **Authorization of the Alzheimer's and Dementia Advisory Council (ACT 391; 2021)**
- **Establish the Position of Dementia Coordinator (ACT 682; 2023)**
- **Ensure that the BRFFS is inclusive of the Cog. Decline and Caregiver Modules (Completed)**
- **Increased Collaboration with the AMHC (Completed and Ongoing)**
- **Increased Collaboration with the UAMS Centers on Aging (Ongoing)**

Public Awareness and Education

Outstanding Recommendations

- Public Health Messaging on Brain Health, Risk Reduction, and early detection and diagnosis
- **Alzheimer's and Dementia Registry**
- Grant program to increase Brain Health Education in underserved communities
- Area Agencies on Aging Collaboration
- Evaluate the use of telehealth to enhance access to dementia education
- Public Health Infrastructure to enhance access to dementia education, clinician support, and recent advancements in research

Access and Quality of Care

Implemented

- **Research and support innovative models of funding and enhancing HCBS to the dementia population - (Ongoing, 2022 Pilot Program Dementia Respite Care Program)**
- **Review existing Medicaid Level of Care and ensure inclusivity of persons with cognitive decline.**
- **Evaluate existing HCBS waiver policies and ensure that persons with ADRD have equitable coverage and support services (Ongoing)**
- **Research and support innovative approaches to expand access to dementia education (Alz. Assoc., Alz. AR., UAMS Centers on Aging)**

Access and Quality of Care

Outstanding Recommendations

Access to Support Services

- Expand access to support services using the AAA infrastructure
 - Dementia Resource Center
 - Dementia Training, caregiver support, etc.

Care Settings

- Statewide Needs Assessment on Dementia Care
- Research Acuity-Based Models of Care

Family Caregiver Support

Implemented

- **Expand Access to the use of evidence-informed, services, and support for patients living with dementia and their caregivers. (Ongoing Work, Private/public partnerships are expanding.)**
- **Connect families and individuals with disease information and services**
- **Regularly survey and assess the needs of family caregivers. (Dementia Respite Grant, BRFFS)**

Family Caregiver Support

Outstanding Recommendations

Access to Respite Services

- Expand access to in-home and community based respite services
- Establish a permanent dementia caregiver respite grant program
 - (Currently exists as a pilot)
- Research Acuity-Based Models of Care
- Strengthen public/private partnerships (ie: state agencies, AAAs, Alz. Assoc. Alz. AR, UAMS Centers on Aging) to expand access to family caregiver training and supports.

Dementia Training and Workforce Development

Implemented

- **Develop and make available dementia-specific training and education that will support risk reduction, early detection, and diagnosis. (Across clinical settings) On-Going**
- **Expand collaboration between the medical community and the non-profit sector to increase awareness about available support services (OnGoing)**
- **Support the expansion of grant programs that will support entry-level healthcare workers advance within the medical field (Ongoing)**

Dementia Training and Workforce Development

Implemented

Dementia Specific Training Standards

- Establish dementia-specific requirements for certain DHS personnel (APS, LTC investigators..)
- Establish dementia-specific training requirements for staff providing direct care of dementia patients. (2023)
 - **ACT 70** Requires (2) hours of dementia training for home care providers
 - **ACT 202** Requires a minimum of (2) hours of dementia training for law enforcement and first responders
 - **ACT 335** Require (4) hours of dementia training and (2) hours of annual continuing education for all direct care staff in Assisted Living Facilities

Dementia Training and Workforce Development

Outstanding Recommendations

- Establish dementia training programs for Community Health Workers
- Research and develop a process for evaluating the benefits of dementia training programs in a clinical setting
- Implement a dementia certification program for LTC and HCBS providers to promote the person-centered model of care.



ALZHEIMER'S AND DEMENTIA STATE PLAN: RECOMMENDATIONS

Recommendations

Public Awareness

- A defined public health strategy to advance risk reduction, early detection, and diagnosis

Access and Quality of Care

- Expanded access to FDA-approved treatments for early stage Alzheimer's
- Ensure there is equitable access to early detection and diagnosis

Family Caregiver Support

- Establish permanent funding for the Alzheimer's and Dementia Respite Grant Program

Recommendations

Family Caregiver Support cont.

- Extend background checks for HCBS providers providing services for individuals living with dementia
- Consumer protection for Memory Care or Alzheimer's Special Care Units

Dementia Training Standards

- Establish Dementia Training Standards for healthcare professionals (APRN, M.D., P.A.)



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